

SMALL SIDED HYBRID LEAGUE - Winter 1 Only

BREAK AWAY SPORTS

Try the HYBRID SMALL SIDED - “Futsal” League at Break Away Sports!
MORE Realistic, MORE Play, MORE Development

In Winter 1 of 2017, we introduced a Small Sided Hybrid Soccer League (4v4 plus goalies) at the U10 -U14 age groups. We received a lot of positive feedback (see below) and saw a noticeable increase in the number of youth teams that participated in the Winter 1 session over the previous year. It was a success!

The feedback included: an appreciation not only for the quality of small sided league but also the fact it was at one central location, Break Away, (not driving to 2 or 3 different locations) and leagues games were scheduled at times that worked for families. In addition, families also appreciated that this was successful because of our experience – we’ve been organizing soccer for over 20 years, not like other hard court “Futsal” groups that have come and gone in the last several years.

As such, we are excited once again to offer our Small-Sided Hybrid Soccer League in W1 2018. We believe this league will provide the best “bang for the buck” of any small sided league.

To organize Hybrid Small sided teams, fewer players are needed to create a team, usually only 6- 8. Therefore, the small sided approach allows those players that are still eager, an opportunity to play after the Fall outdoor league has finished. This small sided format at Break Away in Winter 1 is totally different than Winter 2 or 3. Winter 1 Small Sided Hybrid allows for an emphasis on increased touches on the ball and speed in decisions in smaller space as well as a fresh and different perspective for players.

There is the option to choose hard court "soccer" and it might be the “fashionable” or the “in thing” to play, but it cannot deliver what Break Away Sports small sided **indoor turf** soccer can deliver. **Don’t be misled comparing apples to oranges.** We organized Small-Sided Hybrid Soccer because we believe our facility and staff offers a superior product than any futsal league can achieve. Hard court "soccer" can help both with improving some faster decision and foot speed with in a limited context of play. **HOWEVER, not only can Break Away Small Sided Hybrid league produce better foot speed and decisions, the Hybrid league can also provide other significant benefits** that hard-court play can't deliver on. These include:

1. **More Realistic:** There are many ways to train speed and reaction times. From a training/ improvement stand point, it is always better to mimic a realistic soccer playing environment as much as possible. Hard-court play has limited benefits in this regard. Playing on turf is better for a grass feel and ball touch (EPDM Infill – unused rubber – NOT with the chemicals of recycled tires)
2. **More Play:** The ball stays in play much more of the time at Break Away Sports in all our leagues, especially in our Small Sided Hybrid Leagues. As such, at Break Away, the **cost is actually associated with PLAY** instead of wasted time chasing balls (dangerously) out of bounds! An estimated 25-40% of the futsal game is actually chasing after the ball off the court, under bleaches and across other courts. Check it out yourself. Start a stopwatch at the beginning of play, stop it when it goes out of play and then restart when the ball is put back into play. At the end of the game, compare it to the length of the game. Compare this interrupted hard-court play and delays with the continuous play offered at Break Away Sports.

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3. **More Development:** In Break Away Small Sided Hybrid League, players receive a More realistic touch, More often, with More time to play, it stands to reason that a player's will have a better chance for More development.

On top of all the Break Away benefits, it is played in a **safer environment**. Playing in an enclosed area separating players and spectator is imperative in eliminating any chance of dangerous, unsafe collisions into Spectators, benches, bleachers, or slip hazards like scattered warmup clothing just a step or two off the playing surface. As an added safety, consider, at Break Away Sports, there is less slipping than on dusty hard courts and it is easier on the joints at Break Away than the continuous pounding from the contact with the hard-court floors alternatives.

Hopefully, this helps you know more about the benefits of Break Away Sports Winter 1 Small Sided Hybrid League as a more beneficial option when compared to any of the hard-court leagues.

Please consider all these factors when choosing your Winter 1 League decisions in play.